

National Standard Buddhist Sunday School Education Program in Sri Lanka (for children/teenagers ages 5 to 17)

Grade 1 (age 5-6)

1. Homage to the Noble Triple Gem.
2. The Buddha, his Birth and Enlightenment.
3. Daily practices at home, in temple, Dhamma School.
4. Buddhist customs and daily life.

Grade 2 (age 6-7)

1. Homage to the Noble Triple Gem.
2. The Buddha, his Birth and Enlightenment.
3. Daily practices at home, in temple, Dhamma School.
4. Sacred places of a temple and veneration.
5. Loving-kindness meditation.

Grade 3 & 4 (age 7-9)

1. Homage to the Noble Triple Gem.
2. The Buddha, his Birth and Enlightenment.
3. Daily practices at home, in temple, Dhamma School.
4. Sacred places of a temple and veneration.
5. Loving-kindness meditation.
6. Jataka tales.
7. Dhammapada.

Grade 5 (age 9-10)

1. Homage to the Noble Triple Gem.
2. The Buddha, his Birth and Enlightenment.
3. Daily practices at home, in temple, Dhamma School.
4. Sacred places of a temple and veneration.
5. Loving-kindness meditation.
6. Jataka stories.
7. Dhammapada.
8. Virtues of the Buddha.

Grade 6 (ages 10-11)

1. Personal development through the examples of the Buddha's life and qualities.
2. Dhamma and application in daily life.
3. Qualities of the Dhamma.
4. Buddhist history and culture of Sri Lanka and Buddhist customs.
5. Pali language and Abhidhamma Buddhist psychology.

Grade 7 (age 11-12)

1. Understanding the Buddha, Dhamma and Sangha and way of respecting Noble Triple Gem.
2. Understanding Tama and meditation & daily life application.
3. Buddhist culture, history and Buddhist ceremonies and important events
4. Learning Pali language and Abhidhamma Buddhist psychology.

Grade 8 (age 12-13)

1. Understanding the Buddha, Dhamma and Sangha and qualities.
2. Learning fundamental teachings (Sila, Samadhi, panna).
3. Understanding Dhamma and meditation an application for a daily life.
4. Buddha and environment.
5. Learning Pali language and Abhidhamma Buddhist psychology.

Grade 9 (age 13-14)

1. Understanding the Buddha, Dhamma and Sangha and qualities and personal development.
2. Learning fundamental teachings, Four Noble Truths, dependent origination, selected sutras.
3. Meditation and generosity.
4. Buddhist culture and history.
5. Learning Pali language and Abhidhamma Buddhist psychology.

Grade 10 (14-15)

1. Life of the Buddha and a great qualities of the Buddha in details.
2. Great (ordained and lay) disciples.
3. Fundamental teachings an application to daily life in society.
4. British customs, culture and society.
5. What is world history.
6. Learning Pali language and Abhidhamma Buddhist psychology.

Grade 11 Final Dhamma Level studying 3 books

1. History of the Buddhist Sasana
- 2: Buddha Dharma and Pali Language
- 3: Buddhist Culture

Grade 12 (Teacher Training) studying 5 books

1. Dharmacharya - Basic Dharma Teachings
2. Dharmacharya - Buddhist Culture
3. Dharmacharya - Buddhist History and Culture
4. Dharmacarya - Vinaya and Pali language
5. Dharmacarya - Buddhist Social Philosophy

with Dharmacharya Graduation (Dharma Teacher) Examination