

TORONTO CENTRE FOR APPLIED BUDDHISM

The Buddhist Volunteer Grief Counselling Certificate Course - online via Zoom

Instructor: Venerable Sister Thich nu Tinh Quang

10 Fridays; January 14 to March 18, 2022, 7:30 pm - 9:30 pm (Toronto time)

Description of Program:

In Buddhism, we are taught that loss and grief are inevitable yet they are still immensely challenging aspects of life. When a bereavement happens, no matter whether it was predicted or unexpected, it can be incredibly difficult to process. The Buddhist Volunteer Grief Counselling Certificate Course acquaints you with the grieving process and explains how to support someone going through it, exploring the various types of bereavement and advising the specifics of how to help in each situation.

The primary goal of The Buddhist Volunteer Grief Counselling Certificate Course is that students gain the knowledge and skills to provide effective grief counselling and support for Buddhist practitioners or others interested in this approach, using a biopsychosocial and Buddhist approach to grief. During these 20 hours of grief support training, students advance their counselling skills. This may include incorporating writing and art in their approach, in order to guide clients through their grief.

Registration fee is \$50.

Please complete the application form on Page 2 by December 31, 2021 and email it to registration@AppliedBuddhsim.ca

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APPLICATION FORM

Participant Information:

Name: _____

Address: _____

Email Address: _____ Phone Number: _____

Please also complete the following:

1. Buddhist Sangha (Community) you are affiliated with: _____

2. Three Refuges taken in _____ (year) with:
_____ (name of teacher and Sangha)

3. If taken precepts, (what, when and where) _____.

4. Are you volunteering or planning to volunteer with:
_____ (Buddhist Sangha)

5. Would you be interested in volunteering 2 - 4 hrs/week to offer Buddhist counselling on-line with the Toronto Centre for Applied Buddhism?

6. Please provide a reflection on your current counselling skill level, as well as your motivation to learn Buddhist counselling skills for grief and loss.

Participant Signature

Date